



Coach Mandy Kikola fell in love with Team Challenge after her first season as a participant for the Spring 2010 Virginia team. She enjoys helping all athletes, new or old, set new fitness goals and accomplish them. In college she was a Student Athletic Trainer for numerous University of Maryland athletic teams; including Track & Field and Cross Country. She is looking forward to using this experience to help others succeed this season.

Mandy has been involved with athletics her entire life; however, she most recently discovered her love for running. Last year, she ran her first Half Marathon with Team Challenge and became hooked ever since. She now participates in numerous races ranging from 5ks to Half Marathons and is excited to help others cross the finish line.

Having a personal connection to Crohn's, Mandy loves the Team Challenge program and is excited to further her passion for the team by coaching the 2012 Season. Go Team Challenge!